

## HCCC Symptom Checklist for Respiratory Illness

### *Should I keep my child home?*

Symptom	Yes	No
<b>1. Has your child had a fever of 100. Degrees F or higher in the past 24 hours?</b>		
If you answered YES to the question above, keep your child home and observe for additional symptoms- they must remain at home until fever is gone for 24 hours without use of fever reducing medicine.		
<b>2. Does your child have a cough, sore throat or congestion?</b>		
If you answered YES to both questions above keep your child at home. Your child has symptoms of a respiratory virus. You may want to check in with your pediatrician for further recommendations or testing.		

### *Can my child return to HCCC?*

Symptom	Yes	No
<b>1. Has your child had a fever of 100. Degrees F or higher in the past 24 hours?</b>		
<b>2. Has your child had Tylenol, Motrin/Advil to reduce fever in the past 24 hours?</b>		
<b>3. Is your child's nose running or are they coughing more than 50% of the time?</b>		
If you answered YES to any of the above questions above keep your child at home. Your child still has symptoms of a respiratory virus that may be contagious to others. They need to remain at home for additional rest.		
If you answered No to all of the questions above, and your child has their regular energy, your child can return to HCCC. Masking is recommended if possible.		

**COVID-19 Exposure and Testing: Children who have been exposed to COVID-19 and have ANY SYMPTOM at all must have a negative rapid COVID test prior to attending school for the first 3 days of symptoms. The results of this test must be reported to the classroom teacher via Brightwheel prior to arrival.**

In an effort to keep everyone well, we will be sending children home who have respiratory symptoms more than 50% of the time. If your child has or has had a respiratory virus, please allow extra awake time at home in the morning to assess their level of symptoms prior to bringing them in.

If local COVID cases are on the rise or determined to be high by the local Board of Health, we temporarily re-start COVID testing for school attendance for symptomatic children. We will continue to monitor EEC, CDC and DPH guidance and adjust our policies accordingly.

**CDC is still recommending staying current with all vaccinations as in integral part of keeping your child well!**